

**University of Iowa
Hospitals & Clinics**
Department of Nursing
Services and Patient Care
Nursing Clinical Education
Center
4 West General Hospital
319-356-1238 Tel

2024 Dates:
Wednesday, February 28
Wednesday, June 19
Wednesday, September 18
Monday, November 18

Intended Audience:
Nursing staff involved in the stabilization of neonates. Recommended for Level 2 and higher NICU nurses. Pre-registration is required. Class size is limited.

Nursing Credits:
5.75 contact hours will be granted by UI Hospitals and Clinics Department of Nursing (IBN Approved Provider #34). Participants must attend the entire program to receive full credit.

Registration Fees:
• **UIHC Staff: No Fee**
• **Non-UIHC Employee: \$90**

Registration deadlines:

Course	Deadline
2/28/24	2/14/24
6/19/24	6/5/24
9/18/24	9/4/24
11/18/24	11/4/24

Refund: Full refund (minus \$10 cancellation fee) if notified by registration deadline.

Participants may choose to purchase the STABLE Learner Manual available for a fee of \$45. Payment for the manual must be made at the beginning of the class. Questions concerning the program should be directed to Mandy Karstens at 319-356-3275 or amanda-karstens@uiowa.edu

The S.T.A.B.L.E. Program 2024

Sponsored by: University of Iowa Stead Family Children’s Hospital, Children’s and Women’s Services

Purpose/Description:
The purpose of this program is to review the steps involved in stabilization of the neonate after the initial resuscitation, using a mnemonic that allows for easy recall of those steps.

Location: L 6 Conference Room (62220 SFCH), University of Iowa Hospitals & Clinics, Iowa City, IA

- Objectives:** At the completion of the program the participant will be able to:
1. Identify issues of safety and error reduction.
 2. Describe infants at risk for hypoglycemia and the symptoms they display.
 3. Discuss the process of warming and monitoring severely hypothermic infants.
 4. Review the indications for positive pressure ventilation.
 5. Describe the components of shock.
 6. Identify the major clinical signs of neonatal sepsis.
 7. Discuss the ways in which caregivers can support parents of sick neonates.

Schedule

8:00 a.m.	Registration
8:05	Welcome and Pre-Test*
8:45	S ugar module and S afe Care
9:45	T emperature module
10:30	Break
10:45	A irway module
12:00 p.m.	Lunch (on your own)
12:30	A irway module (cont)
1:30	B lood Pressure module
2:15	Break
2:30	L ab Work module
3:15	E motional Support module
4:00	Evaluations and Adjourn

*No CE credit granted
(5 minute post-tests follow each module – No CE credit granted – Total of 30 minutes)

Course Faculty:

Emily Spellman, MSN, RN, RNC-NIC, Associate Director, Neonatal Intensive Care Unit, University of Iowa Stead Family Children’s Hospital
Mandy Karstens, MSN, RN, RNC-NIC, Nursing Practice Leader, Neonatal Intensive Care Unit, University of Iowa Stead Family Children’s Hospital
Other S.T.A.B.L.E Instructors will assist as available

Registration:

To register go to the University of Iowa Carver College of Medicine website: <https://uiowa.cloud-cme.com>

Click on **IA Board of Nursing CE**
Click **Register** next to the course listing

Special Note: Bring a calculator; it will be very helpful during the class but is not required for testing.

Parking for Non-UIHC Employees: Parking is available in Hospital Parking Ramps 1, 2, or 3. Parking passes will be issued at registration. No need to bring parking transaction ticket with you.

Participants should enter through the Hospital through the main entrance and inquire at the Information Desk for directions to the classroom. All currently implemented UIHC health screening questions will be asked before you will be able to enter the hospital.

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Department of Nursing at 319-356-1238.

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